

The Most Holy Redeemer Catholic Church Billericay

Connect Groups



What is a Connect Group?

Connect Groups are small groups who meet regularly to pray together and to support each other in faith.

At the Most Holy Redeemer we believe that it is important for everyone to have the opportunity to connect with God and with each other. The primary way in which we do this is when we come to Mass, but in addition to this, belonging to a Connect Group provides those who wish to with an opportunity to grow spiritually and to build closer relationships with fellow parishioners.

Connect Group Aims:

Connect Groups are places where we aim to implement our parish vision of *“Making Disciples, Working Together and Growing in Love & Fellowship.”*

What happens in a Connect Group?

Connect Groups usually consist of three key elements: **Connection, Discussion and Prayer.**

Connection:

Each Connect Group begins with a time of welcome in order for members of the group to connect with one another and with God. This is then followed by a short period of worship.

Discussion:

After the initial welcome and worship time, groups watch a video resource or read study materials before discussing the content together in an open and non-judgmental way.

Prayer:

Connect Groups normally end with prayer because praying together emphasises that it all comes back to Jesus and having a living relationship with Him.

How often do groups meet and where?

Usually Connect groups meet in people’s homes either on a fortnightly or monthly basis. The idea behind meeting in a home environment rather than at church is to enable relaxed discussion and to give members of the group the opportunity to host each other in their homes.

How can I get involved?

If you are interested in becoming a **Connect Group Leader**, we will be offering training sessions for leaders to equip them to lead groups. Please speak to Father Dan or email the Parish Office at:

office@mostholyredeemer.org.uk for more information.

If you would like to become a member of a group, please fill in the form that is attached to this leaflet and we will be in touch to invite you to join a group.

You can also find more information on the parish website:

www.mostholyredeemer.org.uk

PLEASE TEAR OFF AND RETURN:

Connect Group Registration:

I am interested in joining a Connect Group
Yes/No

I am interested in leading a Connect Group
Yes/No

Name:

Phone:

Email:

Address:

I would prefer:

Daytime Evening Don’t Mind
(circle as appropriate)

The best day for me is:

Mon Tues Wed Thurs Fri Sat Sun
(circle as appropriate)

I would prefer the group to meet:

Fortnightly Monthly Don’t Mind
(circle as appropriate)

Please return this form to the Parish Office or email it to

office@mostholyredeemer.org.uk

For more information about Connect Groups please contact:

Father Dan (Parish Priest):

office@mostholyredeemer.org.uk

Jonathan Davies (Connect Group Co-ordinator): jd@sumaqui.co.uk