

MASS TIMES AND INTENTIONS

FIFTH SUNDAY OF LENT YEAR A

29th Mar 2020 10.00 am Ros Kelk RIP (Poetry Group)

MONDAY *No morning Mass*

TUESDAY 10.15 am William Gillespie RIP (75th Anniv)

WEDNESDAY 9.15 am Intentions of Ann Moir (Golder)

THURSDAY 9.15 am Margaret and Wilfred Stevens RIP

FRIDAY 9.15 am Breda Myers RIP

SATURDAY **YouTube** Intentions of Kathy and Robin Smith
(50th Wedding Anniversary)

PALM SUNDAY OF THE PASSION OF THE LORD (A)

5th Apr 2020 10.00 am Arthur Sparke RIP (Anniv)

PLEASE NOTE CHANGES IN WEEKEND MASSES FOR THE FORESEEABLE FUTURE.

SACRAMENT OF RECONCILIATION BY APPOINTMENT ONLY

Coronavirus Prayer: God our Father, Creator of the world, almighty and merciful, out of love for us You sent your Son into the world as the doctor of our souls and our bodies, look upon your children who, in this difficult time of confusion and dismay in many regions of Europe and the world, turn to you seeking strength, salvation and relief, deliver us from illness and fear, heal our sick, comfort their families, give wisdom to our rulers, energy and reward to our doctors, nurses and volunteers, eternal life to the dead. Do not abandon us in the moment of trial but deliver us from all evil. We ask this of Thee, who with the Son and the Holy Spirit, live and reign for ever and ever. Amen. Mary, mother of health and hope, pray for us!

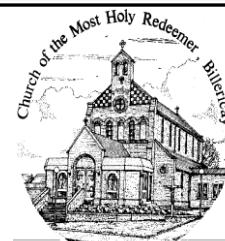
10am Mass Dial In Service: If you would like to listen in to the Sunday 10am Mass you can do so by **phoning 033 3443 3443**

Enter Room Access Key: 158 558 54# Followed by PIN Code: 5286#
Do make sure that you press the mute or silent button on your phone to cut down on background noise. Please note that there will just be one Mass broadcast live via the Masslink. **There will be NO 9am and 11am Masses at this present time.**

Parish Safeguarding Representative Adrian Scantlebury Tel: 01277 623325

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29th March 2020



21, Laindon Road, Billericay, CM12 9LL

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www.mostholyredeemer.org.uk

St Peter's R.C. Primary School: 01277 653770

www.stpeterscatholicprimaryschool.co.uk

*As a parish community we are committed to **Growing Together in Faith & Love.***

Hall bookings: canonrochehallbookings@gmail.com

Our Parish is twinned with Sacred Heart Parish, Dundee Diocese, South Africa

I know that there are currently a number of parishioners who are self-isolating and as the days go by with the restrictions still in place, it is not surprising that many of you will be feeling bored and frustrated at not being able to go out and do the things that you were doing before.

During the week I came across an article from the Cistercians which I thought I would share with you. The Cistercians are an enclosed Religious Order who follow the Rule of St Benedict.

"We Cistercians have been self isolating for centuries. For those of you who are self-isolating, here are four concrete tips that have served our Order well for nearly a thousand years:

1) Write down a weekly schedule. It needn't be too complex or specific. In fact, it's important that you don't regiment yourself so much that you become like a soldier. But having a basic schedule will structure your week and give you the time and freedom to live a productive life. You may want to colour-code the entries according to whether they are daily, weekly or monthly occurrences.

2) Add at least two structured prayer sessions to this. They needn't be for more than ten minutes. Set aside a quiet place, and a good time, and make this your chosen meeting place with God.

3) Read! We may have a wonderful library but everyone can have access to books if they want. Many online stores are still operating.

4) Try to live in the present moment. One of the thoughts that short-circuits self isolation is the 'What-to-do-next' thought. It makes you restless, unable to engage with staying in one place. Your weekly schedule is a good start, here. And books will give you a mental 'space' to lose yourself in." **Fr Dan**

Parish Office: Because of the Government regulations regarding travel, the Parish Office will no longer be staffed regularly. You can still email or phone the office but it may take longer for us to get back to you.

PLEASE PRAY FOR ALL OUR SICK AT HOME AND IN HOSPITAL AND THOSE MENTIONED IN OUR PETITIONS BOOK.

WE PRAY FOR OUR DECEASED RELATIVES & PARISHIONERS:

ANNIVERSARIES: Frank Markey, Joy Coates, Anne Paloyannidis, James Sullivan, Christopher Roche, Eileen Beard, John Carr, Ellen Dowden, Jean Fernando, Pauline Johns, Patricia O'Rourke, Angela Scott, Maud Price, Sheila Groves. **Clergy:** Fr Joseph Tuohey, Canon William Toft.

Eternal rest grant to them. O Lord, and let perpetual light shine upon them. May they rest in peace.

Bereavement Support Group: We have volunteers who are available to support those who are coping with terminal illness and bereavement. Those involved have experienced this themselves and are able to offer a small amount of time, either for a phone call or, if requested, a visit. Please contact the Parish Office for more details.

OFFERINGS

Standing Order: the most efficient way for you to support our parish financially. Please fill in a form in the Church porch and return it to your bank. If you are a tax payer do think seriously about Gift Aiding your donations. Gift Aid forms are available at the back of the church or you can download the form from the Parish website.

Gift Aid Envelopes: Given the latest announcement regarding the Coronavirus and no public masses until further notice, Les Wojcik, the Gift Aid Coordinator, will delay attempting to distribute the remaining envelopes until the situation is more favourable.

Re-dedication of England to Our Lady: Sunday, 29th March. This Sunday (29th March) there will be a special re-dedication of England to Our Lady. The celebrations will be taking place in Walsingham at 12pm on Sunday and can be viewed by accessing the Walsingham live stream at www.walsingham.org.uk/live-stream/ Copies of the re-dedication prayers are also available for download at [www.behold2020.com/the-rededication](http://www.behold2020.com/the-rerededication)

Act of Spiritual Communion Prayer: This prayer is to be said during Communion while watching or listening to the Mass.

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

Let It Be' Lenten Course Update: CaFE, who produced the '*Let It Be'* DVD have written to thank parishioners who donated money during the three sessions that were recently held in the Pastoral Centre. A total of £40 was received so a big 'thank you' for your generosity. CaFE have also very generously offered us special access to the full course, given we have had to suspend this due to the coronavirus. The download link is only available to those parishioners who attended the course, and in line with licensing requirements, is only for personal use and must not be shared. Any parishioner who attended the '*Let It Be'* sessions and would like access to the download link to complete the course, will need to request this by emailing me at the parish office (office@mostholyredeemer.org). Unfortunately, requests by telephone are not acceptable as we need to track requests made to ensure compliance with CaFE's requirements for special access.

Free Financial Advice: Coronavirus Financial Help & Rights. Whilst our health is the primary concern during this anxious and upsetting time, our financial wellbeing is also important and will be of great concern to many of you. This is a fast changing situation as we saw this week with Bank of England cutting base rate to 0.1% but we have a parishioner who is an FCA authorised financial planner offering free help to those concerned to assist you in navigating access to short term finances, mortgage relief, lending holidays and a structure to help through these worrying times. Please contact the Parish Office.

Parish Help Scheme: Some parishioners have said that they are willing to assist with those who are unable to get out of their homes while they are self-isolating. If you would like to help or if you know somebody who requires assistance with shopping please could you contact the Parish Office by email or telephone. Please note that you will need a DBS certificate in order to volunteer.